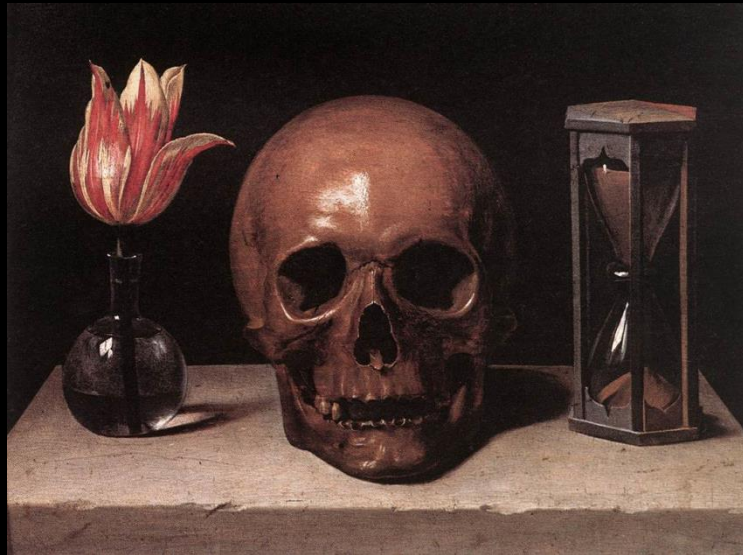


# Gnostic Psychoanalysis II: Gnostic Method of Psychological Work



# Discipline & Method

By having super-discipline we will comprehend and accept that we have to take life, willingly, as a gymnasium.

Whosoever submits himself to super-discipline can expect great triumphs.

Those who live by super-discipline will have to be strong in order to bear the "solitude of the path."

*Revolution of the Dialectic*



# Discovery

In everyday life, it is advisable to observe oneself with the purpose of self-discovery.

It is precisely everyday life, the psychological gymnasium, through which we can discover our defects.

In a state of alert perception, watchful attention, we can directly verify that the hidden defects flare-up spontaneously.

Clearly, we must work on the discovered defect consciously with the purpose of separating it from our psyche.

Above all, we must not identify with any I-defect if we really want to eliminate it.



*The Great Rebellion*

# Self-Observation

All human beings have a sense of psychological self-observation in a latent state, but this sense develops gradually to the extent that we put it to use.

Such a sense allows us to perceive directly, and not through simple intellectual associations, the diverse selves that live within our psyches.

*The Great Rebellion*



*Narcissus becomes fascinated with his own (psychological) image.*

# Inner Self-Remembering

Innumerable are the depressed aspirants who, due to a lack of psychic powers and inner illumination, have renounced the Esoteric Work for themselves.

Few are the ones who know how to take advantage of adversities.

During times of rigorous temptations, discouragement and desolation, one must appeal to the intimate Remembering of the Self.

Deep within each one of us is the Aztec Tonantzin, Stella Maris, the Egyptian Isis, God the Mother, waiting for us in order to heal our painful heart.

When one gives to oneself the shock of "Self-remembering," then indeed, a miraculous change in the entire work of the body is produced, so that the cells receive a different nourishment.

*Treatise of Revolutionary Psychology*



# Comprehension

Comprehension is very flexible, which is why it is necessary to delve deeper each time. What we understand in one way today we will better understand tomorrow.

Considering things from this angle, we can verify for ourselves how useful the diverse circumstances of life are when indeed we use them as a mirror for self-discovery.

We would never in any way attempt to say that the dramas, comedies and tragedies of everyday life are always splendid and perfect. Such a statement would be ludicrous.

Nonetheless, however absurd the different situations of existence may appear, they are marvelous as a psychological gymnasium.

*The Great Rebellion*



# Execution

The mind by itself cannot radically alter any psychological defect.

The mind can put a label on any defect, transfer it from one level to another, conceal it from ourselves or others, excuse it, etc., but never absolutely eliminate it.

Comprehension is a fundamental part, but it is not everything. Elimination is necessary.

An observed defect must be analyzed and understood completely before proceeding to eliminate it.

We need a power superior to the mind, a power capable of atomically disintegrating any I-defect which we have previously discovered and judged in depth.

Fortunately, such a power lies profoundly latent, beyond the body, the affections and the mind...

*The Great Rebellion*



# Methodology

- **Discovery**: when the ego has been seen in action, in manifestation.
- **Judgment or comprehension**: when all of the ego's roots are known.
- **Execution**: with the help of the Divine Mother Kundalini, through the wise practice of Sexual Super-dynamics, the ego is eliminated.



# Epistle of James

For if any be a hearer of the word,  
and not a doer, he is like unto a  
man beholding his natural face in a  
glass:

For he beholdeth himself, and  
goeth his way, and straightway  
forgetteth what manner of man he  
was.

But whoso looketh into the perfect  
law of liberty, and continueth  
therein, he being not a forgetful  
hearer, but a doer of the work, this  
man shall be blessed in his deed.

James 1:23 - 25

